



# Okanagan Falls, BC BELICH'S AG FOODS

OPEN DAILY 8 AM - 7 PM • #10, 5030 9TH AVENUE  
FRESH MEAT & DELI • INSTORE BAKERY • FIND US ON FACEBOOK!



PRICES EFFECTIVE  
JANUARY 2025  
5 6 7 8 9 10 11

## TASTE of ITALY

LOOK INSIDE FOR MORE GREAT ITALIAN DEALS

**Pork Back Ribs**  
kg. 8.77  
**3<sup>98</sup>**  
lb.

**Scarpone's Tomatoes**  
Select Varieties, 796 ml.  
**3 FOR 4<sup>98</sup>**

**Scarpone's Beans**  
Chick Peas or Lentils, Select Varieties  
398 ml.  
**98¢**



**Roma Tomatoes**  
Canadian or Mexican Grown  
kg. 4.37  
**1<sup>98</sup>**  
lb.

**Navel Oranges**  
California Grown, kg. 3.26  
**1<sup>48</sup>**  
lb.



<p><b>Celebrate Food NATIONAL MILK DAY</b> - January 11, 2025 -</p>	<p><b>Dairyland Old Fashioned Chocolate Milk</b> 946 ml., *Plus Deposit <b>2<sup>98</sup></b></p>	<p><b>Voortman Wafers</b> or Turnovers, Select Varieties 300 g. <b>2 FOR \$5</b></p>	<p><b>Nestlé Nesquik</b> Syrup or Powder, Select Varieties 510-700 ml. or 540 g. <b>6<sup>98</sup></b></p>	<p><b>Nestlé King Size Chocolate Bars</b> Select Varieties, 63-86 g. <b>4 FOR \$9</b></p>	<p><b>Western Family Cookies</b> Select Varieties, 300-350 g. <b>2 FOR \$8</b></p>
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WE RESERVE THE RIGHT TO LIMIT QUANTITIES. PHOTOS ARE FOR ILLUSTRATION PURPOSES ONLY. DUE TO SPACE LIMITATIONS, NOT ALL AG FOODS LOCATIONS MAY CARRY ALL ADVERTISED ITEMS. \*PLUS DEPOSIT & ENVIRO LEVIES WHERE APPLICABLE. PLEASE RECYCLE THIS FLYER WHERE FACILITIES EXIST.

# BUTCHER SHOPPE



**T-Bone Grilling Steak**  
kg. 28.62

**12<sup>98</sup>**  
lb.

CANADIAN BEEF

**Cross Rib Pot Roast**  
Boneless  
kg. 15.39

**6<sup>98</sup>**  
lb.



**Sirloin Tip Oven Roast**  
kg. 16.49

**7<sup>48</sup>**  
lb.



**Chicken Drumsticks**  
Value Pack  
kg. 6.57

**2<sup>98</sup>**  
lb.



**Sirloin Tip Marinating Steak**  
kg. 17.59

**7<sup>98</sup>**  
lb.



**Chicken Thighs**  
Value Pack  
kg. 8.77

**3<sup>98</sup>**  
lb.



**Whole Frying Chicken**  
Value Pack  
kg. 6.57

**2<sup>98</sup>**  
lb.




**Pork Loin Roast**  
Centre Cut, kg. 7.67

**3<sup>48</sup>**  
lb.

CANADIAN BEEF

**Pork Loin Chops**  
Centre Cut  
kg. 8.77

**3<sup>98</sup>**  
lb.




**Chicken Legs**  
Back Attached, Value Pack, kg. 5.47

**2<sup>48</sup>**  
lb.

LILYDALE  
sunrise farms

**Maple Leaf Pulled Pork**  
or Rotisserie Chicken  
450-600 g.

**11<sup>98</sup>**  
Each



## SMOKED & PACKAGED MEATS

**Schneider's Sliced Meats**  
Select Varieties  
150-175 g.

**5<sup>98</sup>**  
Each



**Olymel Sliced Meat**  
Select Varieties  
400-500 g.

**3<sup>48</sup>**  
Each



**Western Family Bacon**  
Regular or Thick Cut  
375 g.

**5<sup>98</sup>**  
Each



**Olymel Wieners**  
Original  
1 kg.

**9<sup>98</sup>**  
Each



**Harvest Sliced Back Bacon**  
Regular or Applewood  
250 g. .... Each

**6<sup>98</sup>**

**Duso's Pasta or Sauces**  
Select Varieties  
250-300 g. or 150-300 ml. .... Each

**5<sup>98</sup>**

**Montana's Back Ribs**  
Frozen, 650 g.

**11<sup>98</sup>**  
Each



**Western Family Sweet & Sour Pork**  
Frozen, 600 g.

**7<sup>98</sup>**  
Each



**Western Family Garlic "Tickled" Pork Bites**  
Boneless, Frozen  
600 g.

**8<sup>98</sup>**  
Each



**Cattleman's Cut Beef Jerky**  
Select Varieties  
70 g.

**4<sup>98</sup>**  
Each



**Freybe Pepperoni**  
500 g.

**11<sup>98</sup>**  
Each



# SEAFOOD

SEAFOOD SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.



**Ocean Jewel Shrimp**

Uncooked, Frozen, 31-40 Count, 340 g.

**7<sup>98</sup>**

**High Liner Battered Fillet**

Frozen, Select Varieties  
500-700 g.

Each **8<sup>98</sup>**



**Ocean Jewel Cooked Shrimp**

Frozen, 16-20 Count  
400 g.

Each **13<sup>98</sup>**



**Western Family Cod Loins**

Frozen, 568 g.

Each **12<sup>98</sup>**



**Toppits Breaded Sole**

Gluten Free  
Frozen, 400 g.

Each **10<sup>98</sup>**



# DELI

DELI SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.



**Deli Salami**

Select Varieties

Per 100 g

**98¢**

**Deli Bologna**

Select Varieties

Per 100 g

**1<sup>48</sup>**

**Deli Roast Beef**

or Corned Beef

Select Varieties

Per 100 g

**2<sup>98</sup>**

**Deli Pepperoni**

Select Varieties

Per 100 g

**1<sup>98</sup>**

# HOT DEALS FROM THE FREEZER



**Cavendish Farms Fries**

or Hashbrowns, Frozen  
Select Varieties, 600-800 g.

**2 FOR \$6**

**McCain Pockets**

Frozen, Select Varieties, 540-600 g.

**7<sup>48</sup>**

**Jus-Rol Poffitz Pancake Bites**

Original or Chocolate  
Frozen, 238 g.

**2 FOR \$8**



**Cheemo Perogies**

Cheddar or Variety Pack  
Frozen, 2 kg.

**6<sup>98</sup>**



**Marie Callender's Meat Lasagna**

or Chicken Alfredo  
Frozen, 680-879 g.

**8<sup>98</sup>**



**Tenderflake Pie or Tart Shells**

or Pull Pastry, Frozen  
Select Varieties, 255-392 g.

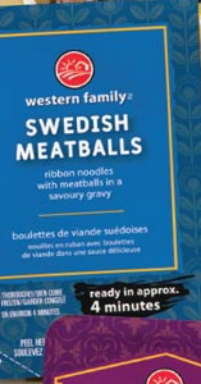
**2 FOR \$9**



**Western Family Entrées**

Frozen, Select Varieties, 255 g.

**3 FOR 4<sup>98</sup>**



NO ARTIFICIAL COLOURS OR FLAVOURS  
WITH NATURAL COLOURED INGREDIENTS

# DAIRY DELIGHTS

**Black Diamond**  
Shredded Cheese

Select Varieties, 320 g.

**6<sup>98</sup>**

**Black Diamond**  
ITALIANO  
Blend of 4 Shredded Cheeses  
Mélange de 4 Fromages Italiens



**Cracker Barrel Cheese**

Select Varieties  
270 g.

**7<sup>48</sup>**



**Saputo Mozzarellissima Pizza Mozzarella**  
690 g.

**9<sup>98</sup>**



**Western Family Ricotta Cheese**

250 g.

**2<sup>FOR</sup> \$6**



**Philadelphia Dips**

Onion or Dill Pickle  
340 g.

**4<sup>98</sup>**



**Activia Multipack Yogurt**

Select Varieties  
12 x 95-100 g.

**6<sup>98</sup>**



**Dairyland Creamo**

or Fat Free  
473 ml, \*Plus Deposit

**2<sup>28</sup>**



**Olympic Yogurt**

or Kefir, Select Varieties  
1.75 kg, or 2 litre  
\*Plus Deposit

**10<sup>98</sup>**



**Parkay Margarine**

850 g.

**4<sup>98</sup>**



**Black Diamond Slices**

Cheddar Style  
825 g.

**8<sup>98</sup>**

**Western Family Greek Yogurt**

Blueberry or Strawberry  
4 x 100 g.

**3<sup>78</sup>**

**Sunny D Beverages**

Smooth or Tangy Original  
3.78 litre, \*Plus Deposit

**5<sup>98</sup>**

**Dairyland Lactose Free Milk**

Select Varieties  
1.89 litre, \*Plus Deposit

**5<sup>48</sup>**

**International Delight Coffee Whitener**

Select Varieties  
946 ml, \*Plus Deposit

**5<sup>48</sup>**

**Dairyland Stirred Yogurt**

Select Varieties  
175 g.

**4<sup>FOR</sup> \$5**

**Oikos Yogurt**

Select Varieties  
650-750 g.

**5<sup>98</sup>**

**Activia Drinkable Yogurt**

Select Varieties  
8 x 93 ml, \*Plus Deposit

**5<sup>98</sup>**

**Dairyland Sour Cream**

Select Varieties  
250 ml.

**1<sup>78</sup>**

# BREAKFAST BUYS

**Western Family Honey**

Select Varieties  
750 g.-1 kg.

**9<sup>98</sup>**



**Western Family Maple Syrup**

Select Varieties  
250-375 ml.

**8<sup>98</sup>**



**Nestlé Carnation Hot Chocolate**

Select Varieties  
400-450 g.

**6<sup>98</sup>**



**Western Family Coffee Whitener**

1 kg.

**7<sup>98</sup>**



**Folgers Coffee**

Lively Columbian  
48 K-Cups

**31<sup>98</sup>**



**General Mills Family Size Cereal**

Select Varieties  
516-725 g.

**6<sup>48</sup>**



**Rogers Oats**

or Porridge, Select Varieties  
750 g.-1.1 kg.

**2<sup>FOR</sup> \$9**

**Maxwell House Instant Coffee**

Original or Decaf  
150 g.

**6<sup>48</sup>**



**Twinings Superblends Herbal Tea**

Select Varieties  
20 Bags

**5<sup>48</sup>**



**Quaker Cereal**

Select Varieties  
350-500 g.

**2<sup>FOR</sup> \$8**



**Nature Valley Protein Granola**

Oat Honey  
481 g.

**6<sup>48</sup>**



**Harvest Crunch Granola**

Select Varieties  
400-510 g.

**4<sup>98</sup>**



**Kraft Peanut Butter**

Select Varieties, 750 g. 1 kg.

**7<sup>98</sup>**



**Knorr Bouillon**  
Chicken or Beef  
6 Pack ..... **2 FOR \$6**

**Grisol Croutons**  
Select Varieties  
135 g ..... **2 FOR \$5**

**Unico Passata Sauce**  
680 ml ..... **2 FOR \$7**

**Unico Kalamata Olives**  
Whole  
375 ml ..... **4 98**

**Primo Pizza Sauce**  
Select Varieties  
213 ml ..... **1 28**

**Unico Artichoke Hearts**  
398 ml ..... **3 98**

**taste of italy**



**Classico Pasta Sauce**  
Pizza or Pesto, Select Varieties  
218-650 ml.  
**2 FOR \$8**

**Gallo Olive Oil**  
Extra Virgin  
1 litre ..... **18 98**



**Unico Pasta**  
Select Varieties  
900 g ..... **2 FOR \$5**

**Annie's Pasta**  
Select Varieties  
149-170 g ..... **2 FOR \$5**



**Delverde Pasta**  
Select Varieties  
450 g ..... **3 FOR \$6 99**

**Berio Balsamic Vinegar**  
250 ml ..... **4 48**



**Petrelli Olive Oil**  
Extra Virgin  
500 ml ..... **4 48**

**Kraft Pizza Kit**  
850 g ..... **7 98**



**Scarpone's Gnocchi**  
Cheese or Potato  
500 g ..... **2 FOR \$4**

**GROCERY ESSENTIALS**

**Western Family Spices**  
Select Varieties  
22-155 g ..... **2 FOR \$7**

**Western Family Seasoning**  
Select Varieties  
62-155 g ..... **2 FOR \$5**

**Western Family Herbs**  
Select Varieties  
14-47 g ..... **2 FOR \$3**

**Western Family Pink Salmon**  
213 g ..... **2 FOR \$7**

**Clover Leaf Snacks**  
Select Varieties  
99 g ..... **2 FOR \$4**

**Green Giant Vegetables**  
Select Varieties  
341-398 ml ..... **2 FOR \$4**

**Knorr Pasta Seasoning**  
Select Varieties  
1 Pack ..... **2 FOR \$3**

**Bisto Gravy Mix**  
Brown or Poultry  
227 g ..... **2 FOR \$8**

**Western Family Soy Sauce**  
Regular or Less Sodium  
450 ml ..... **1 98**

**Western Family Flour Tortillas**  
Medium or Large  
297-334 g ..... **2 FOR \$6**

**Western Family Seasoning Mix**  
Taco or Fajita  
1 Pack ..... **4 FOR \$5**

**Western Family Refried Beans**  
Select Varieties  
398 ml ..... **2 FOR \$3**



**Western Family BBQ Sauce**  
Select Varieties  
425 ml ..... **3 78**

**Knorr Soup Mix**  
Select Varieties  
1 Pack ..... **2 FOR \$3**

**Western Family Long Grain Rice**  
White or Brown  
907g ..... **2 FOR \$6**

**Heinz Ketchup**  
Select Varieties  
750 ml - 1 litre  
**4 98**

**Kraft Miracle Whip**  
Regular or Calorie Wise  
475 ml ..... **2 FOR \$9**



**Clover Leaf White Tuna**  
Solid or Flaked  
Select Varieties, 170 g ..... **2 FOR \$6**

**Legh's Soup**  
Select Varieties  
720 ml ..... **2 FOR \$8**



**Campbell's Ready To Serve Soup**  
Select Varieties  
515 ml ..... **3 FOR \$9 99**

**BAKING BUYS**



**Betty Crocker Cake Mix**  
Cookie or Brownie, Select Varieties  
266-550 g ..... **3 FOR \$9 99**

**Red Star Instant Yeast**  
Quick-Rise  
3 Pack ..... **2 FOR \$3**

**Ocean Spray Sweetened Craisins**  
Original  
340 g ..... **2 FOR \$8**

**Western Family Flour**  
All Purpose  
5kg ..... **6 48**

**Wholesome Blue Agave Syrup**  
Organic  
480 ml ..... **9 98**

# SNACK ATTACK!

## Christie Good Thins

Select Varieties 100 g **2 FOR \$9**

**Hardbite Beet Chips**  
or Sweet Spuds, 150 g **2 FOR \$8**

**Hawkins Cheezies**  
640 g or 14 Pack **8 98**

**Betty Crocker Fruit Snacks**  
498 g **7 98**



### Kellogg's Town House Crackers

Select Varieties, 247-391 g.

**2 FOR \$7**

## Dutch Crunch Potato Chips

Select Varieties 200 g **2 FOR \$8**



## Cheez-It Family Size Crackers

or Snap!, Select Varieties 213-352 g.

**2 FOR \$8**



## Western Family Soda Crackers

Salted or Unsalted Tops 453 g **2 FOR \$7**



## Western Family Salsa

Select Varieties 650 ml **2 FOR \$8**



## Western Family Ready To Eat Popcorn

Caramel Cheddar Mix 200 g **2 FOR \$7**



## Western Family Potato Chips

Select Varieties 235 g **2 FOR \$5**



## Old Dutch Ristorante Tortilla Chips

Select Varieties 230-295 g **2 FOR \$8**



## Western Family Fruit Cups

Select Varieties 4 Pack **2 FOR \$6**



## Western Family Pudding

Select Varieties 4 Pack **2 FOR \$4**

**Nature Valley Granola Bars**  
or Reese, Select Varieties 385-690 g **7 98**

**SunRype Fruitsource**  
Select Varieties 1 Pack **5 FOR \$5**

**Hershey's Minis**  
Reese, Select Varieties, 160-290 g **5 48**

**Nestlé Minis**  
Select Varieties 135-205 g **4 98**

**Brookside Chocolate**  
Select Varieties 210-235 g **5 48**

**Mars or M&M's Chocolate Bars**  
Select Varieties 1 Pack **2 FOR \$3**

**Excel Gum**  
or Juicy Fruit, Select Varieties 1 Pack **4 FOR \$5**

**Western Family Tortilla Chips**  
Select Varieties 240-300 g **2 FOR \$5**

**Ruffles Potato Chips**  
Select Varieties 180-200 g **2 FOR \$9**

# DRINK IT UP

## SunRype Juice

Select Varieties, 1.36 litre \*Plus Deposit **2 FOR \$7**



## Western Family Pop

Select Varieties, 2 litre \*Plus Deposit **2 FOR \$3**



## Sparkling Ice Caffeine Beverage

Select Varieties, 473 ml \*Plus Deposit **3 FOR \$4 98**



## Aquafina Water

12 x 500 ml \*Plus Deposit **7 98**



## Lipton Iced Tea

Select Varieties, 12 x 340 ml \*Plus Deposit **5 98**



## Pepsi or 7Up Beverages

Select Varieties, 12 x 355 ml \*Plus Deposit **7 48**



## San Pellegrino Sparkling Water

Select Varieties, 6 x 330 ml \*Plus Deposit **6 98**

## Minute Maid Juice

No Sugar Added Select Varieties, 8 x 200 ml \*Plus Deposit **2 FOR \$9**

**Western Family Juice**  
Select Varieties, 1 litre \*Plus Deposit **2 FOR \$5**

## Coke Craft Soda

or Canada Dry, Select Varieties 4 x 237-355 ml \*Plus Deposit **6 48**



## Bubly or Montellier Sparkling Water

Select Varieties, 10-12 x 355 ml \*Plus Deposit **5 98**



## Gatorade Sports Beverage

Cool Blue or Orange, 8 x 355 ml \*Plus Deposit **7 98**



## Beck's Non-Alcoholic Beer

6 x 330 ml \*Plus Deposit **9 98**



## ARTO Life Water

700 ml \*Plus Deposit **2 28**



# HOUSEHOLD MUST HAVES



Western Family  
Bathroom Tissue  
or Ultra, Double 12 Roll

**7<sup>48</sup>**

Drano  
Kitchen Granules  
500 g.

**9<sup>98</sup>**



Arm & Hammer  
Carpet & Room  
Deodorizer  
Pet or Meadow Fresh  
700 g.

**2<sup>FOR</sup> \$7**



Glad  
Garbage Bags

Select Varieties  
20-40 Pack

**12<sup>98</sup>**



Western Family  
Freezer Bags

25 Pack

**2<sup>FOR</sup> \$4**



Western Family  
Auto Dish Pouches

Citrus Scent  
30 Pack

**6<sup>98</sup>**



Windex  
Glass Cleaner

Refill  
2 litre

**7<sup>98</sup>**



Oxi Clean  
Stain Remover

680 g.

**6<sup>98</sup>**



Ivory  
Dish Liquid

Classic Scent  
709 ml.

**3<sup>48</sup>**



Scrubbing Bubbles  
Toilet Bowl  
Cleaner

5 Discs

**5<sup>98</sup>**



Febreze  
Fabric Refresher

Select Varieties  
700 ml.

**6<sup>98</sup>**



Sunlight  
Laundry  
Detergent

Original, 100 Use

**12<sup>98</sup>**



# PERSONAL CARE

Dove  
Bar Soap

White  
3 Pack

**5<sup>48</sup>**

Head & Shoulders  
Bare Shampoo

Pure Clean or Soothing  
Hydration, 400 ml.

**12<sup>98</sup>**

Midol  
PMS

Extra Strength  
40 Caplets

**8<sup>98</sup>**

Gerber  
Organic Yogurt Melts

Biscuits or Lil' Crunchies  
Select Varieties, 28-150 g.

**5<sup>48</sup>**

Pampers  
Complete Clean  
Wipes

Unscented  
216 Pack

**10<sup>98</sup>**

Dove Shampoo  
or Conditioner

or Body Care, Select Varieties  
325-400 ml. or 45 g.

**5<sup>48</sup>**



Pampers  
Baby-Dry Diapers

Select Varieties  
21-37 Pack

**17<sup>98</sup>**



# PET'S CORNER



Nutri-Choice  
Advantage  
Dog Food

All Life Stages, 16 kg.

**42<sup>98</sup>**

Alpo  
Dog Food

Cookout Classic  
7.2 kg.

**21<sup>98</sup>**



Meow Mix  
Cat Food

Original Choice or Hairball Control  
1.42 kg.

**6<sup>98</sup>**



Milk-Bone  
Dog Treats

Select Varieties  
280-340 g.

**5<sup>48</sup>**



Fancy Feast  
Cat Food

Select Varieties  
12 x 85 g.

**13<sup>98</sup>**



# MARKET FRESH PRODUCE

**Green Seedless Grapes**  
Peruvian or Chilean Grown, #1 Grade  
kg. 10.98

**4<sup>98</sup>**  
lb.

*New Crop*

**Cara Cara Oranges**  
California Grown  
kg. 5.47

**2<sup>48</sup>**  
lb.

**Red Caribbean Papaya**  
Mexican Grown  
kg. 6.57

**2<sup>98</sup>**  
lb.

**Gala Apples**  
Canadian Grown  
Canada Extra Fancy, kg. 5.47

**2<sup>48</sup>**  
lb.

**CANADIAN GROWN**

**Bartlett Pears**  
U.S. Grown, kg. 4.37

**1<sup>98</sup>**  
lb.

**Baby Long English Cucumbers**  
Canadian Grown, 1 lb. Bag

**3<sup>98</sup>**  
Each

**CANADIAN GROWN**

**Red Potatoes**  
Canadian Grown  
Canada #1 Grade, 5 lb. Bag

**4<sup>98</sup>**  
Each

**CANADIAN GROWN**

**Romaine Lettuce**  
U.S. Grown

**1<sup>98</sup>**  
Each

**Jumbo Red Onions**  
Washington Grown  
kg. 3.26

**1<sup>48</sup>**  
lb.

**Field Carrots**  
U.S. Grown, #1 Grade  
5 lb. Bag

**5<sup>98</sup>**  
Each

**Taylor Farms Chopped Salad Kit**  
Select Varieties  
11.15-13.5 oz.

**5<sup>48</sup>**  
Each

## ORGANICS

**Organic Baby Peeled Carrots**  
Product of U.S.A.  
1 lb. Bag

**2<sup>98</sup>**  
Each

**Organic Avocados**  
Mexican Grown  
3 Pack

**4<sup>98</sup>**  
Each

## BAKERY BARGAINS

**Panini Roll**  
White or Herb, 6 Pack

**2<sup>98</sup>**  
Each

**Fresh Baked**

**French Bread**

**1<sup>98</sup>**  
Each

**Fresh Baked**

**Byblos Bakery 7" Naan Bread**  
White or Garlic  
400 g.

**2<sup>98</sup>**  
Each

**Sugarplum 6" Cheesecakes**  
Select Varieties  
550 g.

**13<sup>98</sup>**  
Each

**Dempster's Bread**  
or Texas Toast, Select Varieties  
567-675 g.

**2 FOR \$7**

**Multigrain Italian Bread**

**2<sup>98</sup>**  
Each

**Fresh Baked**

**Apple Fritters**  
140 g.

**2 FOR \$4**

**Fresh Baked**

**Two Bite Brownies**  
265 g.

**4<sup>98</sup>**  
Each

**Natural Bakery Canadian Rye Bread**  
900 g.

**3<sup>98</sup>**  
Each

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